

Metodika učenja formacija u odbojkaškoj igri

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Pozicije igrača u odnosu na širinu i dužinu terena

4	3	2
5	6	1

Formacija 6 : 0 ili 6 : 6

Prijem servisa

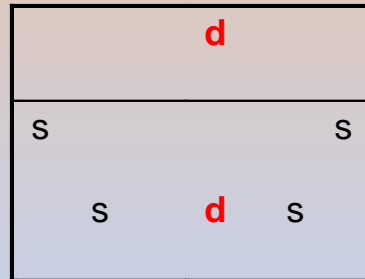
3		
4	6	2
5	1	

Servis

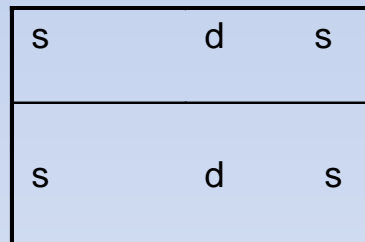
4	3	2
5	6	1

Formacija 4:2 – dizač 1. red u z.3

Prijem – ulaz iz z.3



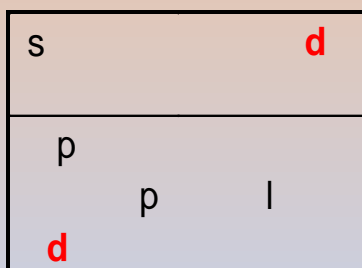
Pozicija za servis



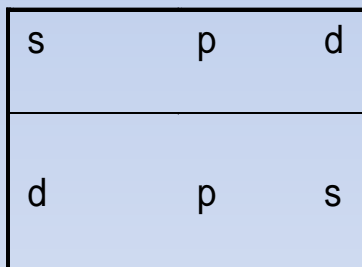
d-dizač
s-mečer

Formacija 4:2 – dizač 1. red

Prijem – ulaz iz z.2



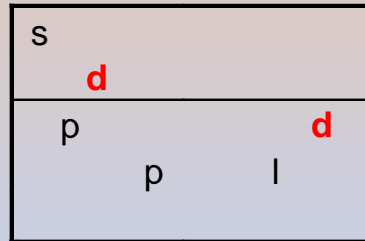
Pozicija za servis



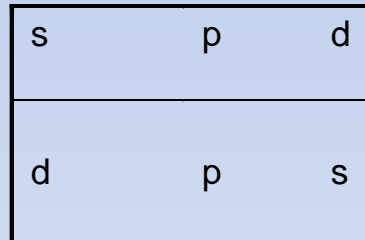
d-dizač
p-prim.
s-sr.bloker
l-libero

Formacija 4 : 2

Prijem – ulaz iz z.5

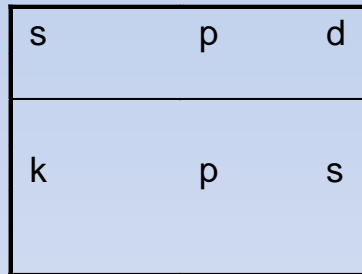
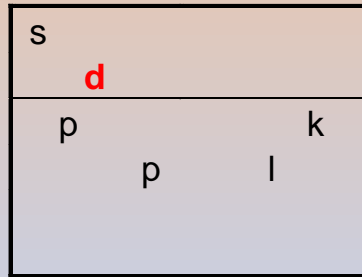


Pozicija za servis



d-dizač
p-prim.
s-sr.bloker

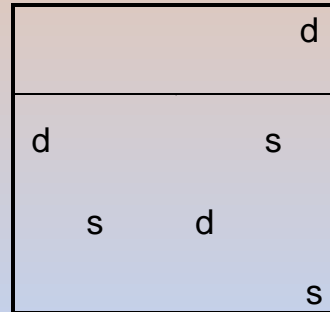
Formacija 5 : 1



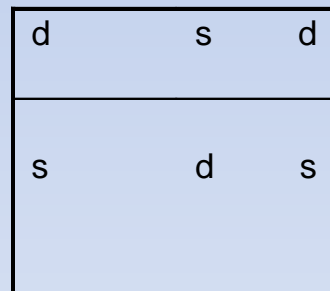
d-dizač
p-prim.
s-sr.bloker
k-korek.
l-libero

Formacija 3 : 3

Primer za prijem servisa



Pozicija za servis



s-smečer
d-dizač

Hvala na pažnji!